MONEY FOLLOWS THE PERSON DEMONSTRATION (DEMONSTRATION)

What is the Demonstration?

The Demonstration is a multi-year federal demonstration award to Texas to assist in its efforts to provide additional community-based options, and promote an individual’s choice in where they want to receive their long-term services and supports. Congress allocated $1.75 billion for this Demonstration and Texas was one of the original seventeen states provided enhanced funding to implement and administer this effort. Texas will receive $18 million in enhanced funding through calendar year 2011.

Historical Milestones

- Congress passed the Deficit Reduction Act (DRA) of 2005 (Public Law 109-171) which included Section 6071: Money Follows the Person Rebalancing Demonstration. The Demonstration awards were competitive, and an application process was required by the Centers for Medicare and Medicaid Services (CMS).
- July 31, 2006 - The official application process was published by CMS; November 1, 2006 - the application was due to CMS.
- September 26, 2006 - An Action Memo was signed by Executive Commissioner Hawkins giving approval for Texas’ proposal.
- October 2006 - Texas (Health and Human Services Commission [HHSC] and Department of Aging and Disability Services [DADS]) submitted an application to be a Demonstration site.
- January 2007 - Texas received one of seventeen original awards. Fourteen additional states were given awards in spring 2007.
- June 15, 2007 - An organizational charter was signed by all the agency sponsors.
- An approved comprehensive and detailed Operational Protocol (OP) was required by CMS, prior to the official start of the Demonstration (the release of federal matching dollars).
  - October 3, 2007 - HHSC/DADS submitted its OP.
  - January 11, 2008 - After several months of discussions with CMS, Texas received official approval.
- February 1, 2008 - The major initiatives of TX’ Demonstration began, and its pilot initiatives will have start dates through the remainder of the fiscal year (2008).

Organizational Impact

The Demonstration includes four state agencies and all service/reimbursement systems. The four state agencies are:

- HHSC: the Medicaid/CHIP Division is the official sponsor/lead on the Demonstration as required by CMS.
- DADS: the daily administrative lead on all aspects of the Demonstration; HHSC officially delegated this task to DADS in August 2006.
- Department of State Health Services (DSHS): the lead for the behavioral health initiative.
- Department of Housing and Community Affairs (TDHCA): agreed to work in cooperation to help coordinate the long-term services and supports system with the housing system.
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- In addition, the state will work with the public housing authorities (PHAs) to begin building relationships between the long-term services and supports system with the local housing system.

The service/reimbursement systems impacted are:

- Fee-for-service (DADS)
- Managed care – STAR+ PLUS (capitated)
- Managed care – Integrated Case Management (ICM) (non-capitated)

**Eligibility Requirements**

The individual must:

- Have been in an institutional setting for six or more months (time may be accumulated through time spent in a number of different institutional settings).
- Be Medicaid-certified.
- Relocate to an approved community-based program (all of DADS’ waiver programs; STAR+PLUS waiver; and the ICM waiver).
- Relocate to a qualified community-based residence.

**Targeted Populations**

Residents of the following facilities will be offered an opportunity to participate in the Demonstration:

- nursing facilities
- fourteen or more bed community intermediate care facilities for persons with mental retardation (ICF/MR)
- state mental retardation facilities (state schools)
- nine or more bed ICFs/MR whose providers want to voluntarily close their facilities

**Specific Demonstration Activities**

In addition to targeting specific population groups, the Demonstration will be implementing several pilot initiatives that will reinforce community-based supports or opportunities for individual choice. These initiatives include:

- Behavioral Health Pilot: individuals in Bexar County will be provided two new Demonstration services - Cognitive Adaptation Training and Adult Substance Abuse Treatment Services; DSHS has the lead on this initiative.
- Post-relocation contacts: Relocation specialists will provide intensive post-relocation contacts with individuals to provide outside support and continuity with the relocation.
- Overnight Support Services: individuals in Cameron, Hidalgo, and Willacy Counties, who have complex functional/medical needs, will be able to hire an attendant during normal sleeping hours to be available for assistance with activities of daily living.
Voluntary Closure of Nine or More Bed Community ICFs/MR: providers of these facilities will have an opportunity to work with DADS to voluntarily close their facilities and convert to a different business model. All residents of these facilities will be given a freedom of choice on where they want to live (community or another ICF/MR).

Housing: there will be an extensive effort made to work with TDHCA and the PHAs to establish dedicated housing for individuals leaving institutional settings.

Projected Benchmarks

Specific Targets through Calendar Year 2011:

- Total number of individual relocating from nine or more bed ICFs/MR: \( 1599 \)
  - Individuals relocating from fourteen or more bed community ICFs/MR and state schools: \( 1275 \)
  - Individuals relocating from nine or more bed community ICFs/MR because of voluntary closure: \( 324 \)

- Total number of individuals relocating from a nursing facility: \( 1400 \)
  - Individuals relocating from nursing facilities with co-occurring behavioral health needs: \( 200 \)
  - Individuals relocating from a nursing facility and receiving Overnight Support Services (OSS): \( 100 \)
  - Individuals relocating from a nursing facility and not receiving behavioral health supports or OSS: \( 1100 \)

Grand Total of Relocations \( 2999 \)

Legislative Support

The 2008-09 General Appropriations Act (Article II, Special Provisions, Section 7(a), H.B. 1, 80th Legislature, Regular Session, 2007) allows DADS to utilize the Demonstration’s enhanced funding for purposes of the Demonstration.

Stakeholder Involvement

DADS convened an external stakeholder advisory committee (Money Follows the Person [MFP] Demonstration Advisory Committee) that meets on a quarterly basis to monitor the state’s progress in implementing the Demonstration and to provide advice on pilot development.

Website

For additional information please see: http://www.dads.state.tx.us/providers/pi/mfp_demonstration/index.html