



COMMISSIONER  
Jon Weizenbaum

March 27, 2013

To: All Nursing Facility Administrators

Subject: **Information Letter (IL) No. 13-17 (Replaces IL 11-37)**  
**Provider Letter (PL) 13-12 (Replaces PL 11-08)**

Re: Minimum Data Set 3.0 Section Q: Referral to the Community: Nursing Facility (NF) Responsibilities and Local Contact Agency Information

NOTE: Please review Information Letter No. 11-38 and Provider Letter No. 13-12 regarding the role of the NF and the Relocation Services (RS) contractor. You must review these letters together to ensure that all Medicaid NF residents receive relocation services if they express a desire to return to a community-based setting.

Texas is a national leader in NF relocation through its Money Follows the Person program. The new minimum data set (MDS) 3.0 Section Q supports the U.S. Supreme Court's *Olmstead* decision (June 1999) and Texas' own Promoting Independence Initiative and Promoting Independence Plan. An individual's stated goal to relocate back to the community is one of choice and no one is required to make or be forced into this decision. However, for those who want to relocate, the state, the NF, the local contact agency (LCA), the managed care organization (if appropriate) and the home health agency must work collaboratively to make the choice viable.

The MDS 3.0, Section Q, "relocation/referral" questions were developed to actively engage the NF resident and determine whether he or she wants to return to a community residence or remain in an NF setting. The Section Q directly asks if an individual "...wants to talk to someone about the possibility of leaving this facility and returning to live and receive services in the community." If the answer is yes, the NF is required to make the referral to the LCA within 10 business days and ensure that the LCA has responded within 14 calendar days. If the LCA does not respond after a second call, please report this situation to the Texas Department of Aging and Disability Services (DADS) at: (512) 438-3550 or at [communityservicescontracts@dads.state.tx.us](mailto:communityservicescontracts@dads.state.tx.us).

Two types of LCAs exist in Texas. The first type is the RS contractor who assists Medicaid NF residents. The second type is an Aging and Disability Resource Center (ADRC) that assists non-Medicaid NF residents.

NOTE: For purposes of MDS 3.0 Section Q referrals, for individuals with Medicaid-sponsored Medicare Savings Programs (i.e., QMB, SLMB, QI-2, TANF level families, Pickle Amendment, etc.) are to be made to an ADRC, not to an RS contractor.

RS contractors act as DADS LCAs for Medicaid NF residents. RS contractors provide statewide outreach, education, facilitation, and case management for individuals who have expressed a desire to relocate from the NF. This coverage is available for the Medicaid-eligible population. Please see Attachment 1 for information on the RS contractor that covers your NF.

701 W. 51st St. ★ P.O. Box 149030 Austin, Texas 78714-9030 ★ (512) 438-3011 ★ [www.dads.state.tx.us](http://www.dads.state.tx.us)

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Texas also established an “options counseling” system for NF residents who are non-Medicaid. These “options counselors” are part of the ADRC system and provide statewide coverage. Please see Attachment 2 to determine which ADRC covers your NF.

The NF survey process does not include a discrete task for Section Q follow-up or discharge planning. However, before or during the onsite survey, the NF ombudsman can be asked about Section Q results and their follow-up. For example, the ombudsman may be asked if he or she has any information from residents (or others) about whether or not residents say they want to talk to someone about community care and whether there was any follow-up. Any issues or findings that demonstrate that residents are not being referred, that LCAs are not coming to talk with the residents, or that person-centered discharge planning is not being conducted will be further investigated. If warranted, a deficiency may be cited using the appropriate F tag, depending on the information gathered during the investigation.

For further information, please refer to DADS MDS 3.0 Section Q website at:

<http://www.dads.state.tx.us/providers/NF/secqreferrals/index.html>.

Also, you may want to refer to the following Centers for Medicare & Medicaid Services sites for relevant information:

- Brochure: <https://www.medicare.gov/pubs/pdf/11477.pdf>
- Section Q Resources: <http://www.cms.gov/Medicare/Quality-Initiatives-Patient-Assessment-Instruments/NursingHomeQualityInits/MDS30RAIManual.html>

If you have any questions, please contact Steven Ashman, MFP Project Director, at (512) 438-4135.

Sincerely,

[signature on file]

Marc S. Gold  
Special Advisor for Policy and Promoting Independence  
Office of the Commissioner

MG:sa

Attachment 1

<b>Local Contact Agency for Medicaid NF Residents</b>		
<b>Relocation Contractor</b>	<b>DADS' Region(s)</b>	<b>Subcontractors</b>
ARCIL, Inc. (512) 832-6349	Region 4	<ul style="list-style-type: none"> <li>• Crockett Resource Center for Independent Living</li> <li>• East Texas Center for Independent Living</li> </ul>
ARCIL, Inc. (512) 832-6349	Region 5	<ul style="list-style-type: none"> <li>• Crockett Resource Center for Independent Living</li> <li>• Resource, Information, Support, and Empowerment</li> </ul>
ARCIL, Inc. (512) 832-6349	Region 7	Crockett Resource Center for Independent Living
The Center on Independent Living, Inc. (COIL) (210) 655-2333	Region 8	None
Coastal Bend Center for Independent Living (CBCIL) (361) 883-8461	Region 11	None
Houston Center for Independent Living (HCIL) (713) 974-4621	Region 6	None
LIFE/RUN (806) 795-5433	Regions 1,2	None
LIFE/RUN (806) 795-5433	Regions 9, 10	VOLAR Center for Independent Living
North Central Texas Council of Governments (NCTCOG) (817) 695-9193	Region 3	<ul style="list-style-type: none"> <li>• REACH Independent Living Centers</li> <li>• NCTCOG Independent Care Coordinators</li> <li>• Easter Seals</li> <li>• Pecan Valley MHMR</li> </ul>

Attachment 2

<b>ADRC Name</b>	<b>ADRC LCA Telephone Number</b>
Alamo Service Connection ADRC	210-477-3275 or 1-800-960-5201
Brazos Valley ADRC	979-595-2806 or 1-800-994-4000
Central Texas ADRC	254-770-2342
Coastal Bend ARDC	361-883-3935
Concho Valley ADRC	325-227-6624
Dallas ADRC - Connect to Care	1-888-743-1012
East Texas ADRC	903-295-5922 or 1-887-237-2268
El Paso and Far West Texas ADRC	1-877-413-ADRC (2372)
Harris County ADRC (Care Connection)	1-877-393-1090
Lower Rio Grande (Rio Net) ADRC	1-800-365-6131
Lubbock ADRC	806-767-1740
North Central Texas ADRC	1-877229-9084
Tarrant County ADRC	1-888-730-ADRC (2372)
West Central ADRC	4325-793-8440
<b>Identify the LCA for your county from the below list and then use the information in this list to make the required MDS Section Q referral</b>	

<b>County</b>	<b>ADRC Local contact Agency</b>
1. ANDERSON	East Texas ADRC
2. ANDREWS	Concho Valley ADRC
3. ANGELINA	East Texas ADRC
4. ARANSAS	Coastal Bend ADRC
5. ARCHER	North Texas ADRC
6. ARMSTRONG	Lubbock ADRC
7. ATASCOSA	Alamo Service Connection ADRC
8. AUSTIN	Harris County ADRC
9. BAILEY	Lubbock ADRC
10. BANDERA	Alamo Service Connection ADRC
11. BASTROP	Central Texas ADRC
12. BAYLOR	North Texas ADRC
13. BEE	Coastal Bend ADRC
14. BELL	Central Texas ADRC

	<b>County</b>	<b>ADRC Local contact Agency</b>
15.	BEXAR	Alamo Service Connection ADRC
16.	BLANCO	Central Texas ADRC
17.	BORDEN	Concho Valley ADRC
18.	BOSQUE	Brazos Valley ADRC
19.	BOWIE	East Texas ADRC
20.	BRAZORIA	Harris County ADRC
21.	BRAZOS	Brazos Valley ADRC
22.	BREWSTER	El Paso and Far West Texas ADRC
23.	BRISCOE	Lubbock ADRC
24.	BROOKS	Coastal Bend ADRC
25.	BROWN	West Central ADRC
26.	BURLESON	Brazos Valley ADRC
27.	BURNET	Central Texas ADRC
28.	CALDWELL	Central Texas ADRC
29.	CALHOUN	Coastal Bend ADRC
30.	CALLAHAN	West Central ADRC
31.	CAMERON	Lower Rio Grande (Rio Net) ADRC
32.	CAMP	East Texas ADRC
33.	CARSON	Lubbock ADRC
34.	CASS	East Texas ADRC
35.	CASTRO	Lubbock ADRC
36.	CHAMBERS	Harris County ADRC
37.	CHEROKEE	East Texas ADRC
38.	CHILDRESS	Lubbock ADRC
39.	CLAY	North Texas ADRC
40.	COCHRAN	Lubbock ADRC
41.	COKE	Concho Valley ADRC
42.	COLEMAN	West Central ADRC
43.	COLLIN	North Central ADRC
44.	COLLINGSWORTH	Lubbock ADRC
45.	COLORADO	Harris County ADRC
46.	COMAL	Alamo Service Connection ARDC
47.	COMANCHE	West Central ADRC
48.	CONCHO	Concho Valley ADRC
	<b>County</b>	<b>ADRC Local contact Agency</b>
49.	COOKE	Lubbock ADRC
50.	CORYELL	Central Texas ADRC

51.	COTTLE	North Texas ADRC
52.	CRANE	Concho Valley ADRC
53.	CROCKETT	Concho Valley ADRC
54.	CROSBY	Lubbock ADRC
55.	CULBERSON	El Paso and Far West Texas ADRC
56.	DALLAM	Lubbock ADRC
57.	DALLAS	Dallas ADRC - Connect to Care
58.	DAWSON	Concho Valley ADRC
59.	DEAF SMITH	Lubbock ADRC
60.	DELTA	East Texas ADRC
61.	DENTON	North Central ADRC
62.	DEWITT	Coastal Bend ADRC
63.	DICKENS	Lubbock ADRC
64.	DIMITT	Lower Rio Grande (Rio Net) ADRC
65.	DONLEY	Lubbock ADRC
66.	DUVAL	Coastal Bend ADRC
67.	EASTLAND	West Central ADRC
68.	ECTOR	Concho Valley ADRC
69.	EDWARDS	Lower Rio Grande (Rio Net) ADRC
70.	EL PASO	El Paso and Far West Texas ADRC
71.	ELLIS	North Central ADRC
72.	ERATH	North Central ADRC
73.	FALLS	Brazos Valley ADRC
74.	FANNIN	Lubbock ADRC
75.	FAYETTE	Central Texas ADRC
76.	FISHER	West Central ADRC
77.	FLOYD	Lubbock ADRC
78.	FOARD	North Texas ADRC
79.	FORT BEND	Harris County ADRC
80.	FRANKLIN	East Texas ADRC
81.	FREESTONE	Brazos Valley ADRC
82.	FRIO	Alamo Service Connection ADRC
83.	GAINES	Concho Valley ADRC
	<b>County</b>	<b>ADRC Local contact Agency</b>
84.	GALVESTON	Harris County ADRC
85.	GARZA	Lubbock ADRC
86.	GILLESPIE	Alamo Service Connection ADRC
87.	GLASSCOCK	Concho Valley ADRC

88.	GOLIAD	Coastal Bend ADRC
89.	GONZALES	Coastal Bend ADRC
90.	GRAY	Lubbock ADRC
91.	GRAYSON	Lubbock ADRC
92.	GREGG	East Texas ADRC
93.	GRIMES	Brazos Valley ADRC
94.	GUADALUPE	Alamo Service Connection ADRC
95.	HALE	Lubbock ADRC
96.	HALL	Lubbock ADRC
97.	HAMILTON	Central Texas ADRC
98.	HANSFORD	Lubbock ADRC
99.	HARDEMAN	North Texas ADRC
100.	HARDIN	East Texas ADRC
101.	HARRIS	Harris County ADRC
102.	HARRISON	East Texas ADRC
103.	HARTLEY	Lubbock ADRC
104.	HASKELL	West Central ADRC
105.	HAYS	Central Texas ADRC
106.	HEMPHILL	Lubbock ADRC
107.	HENDERSON	East Texas ADRC
108.	HIDALGO	Lower Rio Grande (Rio Net) ADRC
109.	HILL	Brazos Valley ADRC
110.	HOCKLEY	Lubbock ADRC
111.	HOOD	North Central ADRC
112.	HOPKINS	East Texas ADRC
113.	HOUSTON	East Texas ADRC
114.	HOWARD	Concho Valley ADRC
115.	HUDSPETH	El Paso and Far West Texas ADRC
116.	HUNT	North Central ADRC
117.	HUTCHINSON	Lubbock ADRC
118.	IRION	Concho Valley ADRC
	<b>County</b>	<b>ADRC Local contact Agency</b>
119.	JACK	North Texas ADRC
120.	JACKSON	Coastal Bend ADRC
121.	JASPER	East Texas ADRC
122.	JEFF DAVIS	El Paso and Far West Texas ADRC
123.	JEFFERSON	East Texas ADRC
124.	JIM HOGG	Lower Rio Grande (Rio Net) ADRC

125.	JIM WELLS	Coastal Bend ADRC
126.	JOHNSON	North Central ADRC
127.	JONES	West Central ADRC
128.	KARNES	Alamo Service Connection ADRC
129.	KAUFMAN	North Central ADRC
130.	KENDALL	Alamo Service Connection ADRC
131.	KENEDY	Coastal Bend ADRC
132.	KENT	West Central ADRC
133.	KERR	Alamo Service Connection ADRC
134.	KIMBLE	Concho Valley ADRC
135.	KING	Lubbock ADRC
136.	KINNEY	Lower Rio Grande (Rio Net) ADRC
137.	KLEBERG	Coastal Bend ADRC
138.	KNOX	West Central ADRC
139.	LAMAR	East Texas ADRC
140.	LAMB	Lubbock ADRC
141.	LAMPASAS	Central Texas ADRC
142.	LASALLE	Lower Rio Grande (Rio Net) ADRC
143.	LAVACA	Coastal Bend ADRC
144.	LEE	Central Texas ADRC
145.	LEON	Brazos Valley ADRC
146.	LIBERTY	Harris County ADRC
147.	LIMESTONE	Brazos Valley ADRC
148.	LIPSCOMB	Lubbock ADRC
149.	LIVE OAK	Coastal Bend ADRC
150.	LLANO	Central Texas ADRC
151.	LOVING	Concho Valley ADRC
152.	LUBBOCK	Lubbock ADRC
153.	LYNN	Lubbock ADRC
	<b>County</b>	<b>ADRC Local contact Agency</b>
154.	MADISON	Brazos Valley ADRC
155.	MARION	East Texas ADRC
156.	MARTIN	Concho Valley ADRC
157.	MASON	Concho Valley ADRC
158.	MATAGORDA	Harris County ADRC
159.	MAVERICK	Lower Rio Grande (Rio Net) ADRC
160.	MCCULLOCH	Concho Valley ADRC
161.	MCLENNAN	Brazos Valley ADRC



162.	MCMULLEN	Coastal Bend ADRC
163.	MEDINA	Alamo Service Connection ADRC
164.	MENARD	Concho Valley ADRC
165.	MIDLAND	Concho Valley ADRC
166.	MILAM	Central Texas ADRC
167.	MILLS	Central Texas ADRC
168.	MITCHELL	West Central ADRC
169.	MONTAGUE	North Texas ADRC
170.	MONTGOMERY	Harris County ADRC
171.	MOORE	Lubbock ADRC
172.	MORRIS	East Texas ADRC
173.	MOTLEY	Lubbock ADRC
174.	NACOGDOCHES	East Texas ADRC
175.	NAVARRO	North Central ADRC
176.	NEWTON	East Texas ADRC
177.	NOLAN	West Central ADRC
178.	NUECES	Coastal Bend ADRC
179.	OCHILTREE	Lubbock ADRC
180.	OLDHAM	Lubbock ADRC
181.	ORANGE	East Texas ADRC
182.	PALO PINTO	North Central ADRC
183.	PANOLA	East Texas ADRC
184.	PARKER	North Central ADRC
185.	PARMER	Lubbock ADRC
186.	PECOS	Concho Valley ADRC
187.	POLK	East Texas ADRC
188.	POTTER	Lubbock ADRC
	<b>County</b>	<b>ADRC Local contact Agency</b>
189.	PRESIDIO	El Paso and Far West Texas ADRC
190.	RAINS	East Texas ADRC
191.	RANDALL	Lubbock ADRC
192.	REAGAN	Concho Valley ADRC
193.	REAL	Lower Rio Grande (Rio Net) ADRC
194.	RED RIVER	East Texas ADRC
195.	REEVES	Concho Valley ADRC
196.	REFUGIO	Coastal Bend ADRC
197.	ROBERTS	Lubbock ADRC
198.	ROBERTSON	Brazos Valley ADRC

199.	ROCKWALL	North Central ADRC
200.	RUNNELS	West Central ADRC
201.	RUSK	East Texas ADRC
202.	SABINE	East Texas ADRC
203.	SAN AUGUSTINE	East Texas ADRC
204.	SAN JACINTO	East Texas ADRC
205.	SAN PATRICIO	Coastal Bend ADRC
206.	SAN SABA	Central Texas ADRC
207.	SCHLEICHER	Concho Valley ADRC
208.	SCURRY	West Central ADRC
209.	SHACKLEFORD	West Central ADRC
210.	SHELBY	East Texas ADRC
211.	SHERMAN	Lubbock ADRC
212.	SMITH	East Texas ADRC
213.	SOMERVELL	North Central ADRC
214.	STARR	Lower Rio Grande (Rio Net) ADRC
215.	STEPHENS	West Central ADRC
216.	STERLING	Concho Valley ADRC
217.	STONEWALL	West Central ADRC
218.	SUTTON	Concho Valley ADRC
219.	SWISHER	Lubbock ADRC
220.	TARRANT	Tarrant County ADRC
221.	TAYLOR	West Central ADRC
222.	TERRELL	Concho Valley ADRC
223.	TERRY	Lubbock ADRC
	<b>County</b>	<b>ADRC Local contact Agency</b>
224.	THROCKMORTON	West Central ADRC
225.	TITUS	East Texas ADRC
226.	TOM GREEN	Concho Valley ADRC
227.	TRAVIS	Central Texas ADRC
228.	TRINITY	East Texas ADRC
229.	TYLER	East Texas ADRC
230.	UPSHUR	East Texas ADRC
231.	UPTON	Concho Valley ADRC
232.	UVALDE	Lower Rio Grande (Rio Net) ADRC
233.	VAL VERDE	Lower Rio Grande (Rio Net) ADRC
234.	VAN ZANDT	East Texas ADRC
235.	VICTORIA	Coastal Bend ADRC

236.	WALKER	Harris County ADRC
237.	WALLER	Harris County ADRC
238.	WARD	Concho Valley ADRC
239.	WASHINGTON	Brazos Valley ADRC
240.	WEBB	Lower Rio Grande (Rio Net) ADRC
241.	WHARTON	Harris County ADRC
242.	WHEELER	Lubbock ADRC
243.	WICHITA	North Texas ADRC
244.	WILBARGER	North Texas ADRC
245.	WILLACY	Lower Rio Grande (Rio Net) ADRC
246.	WILLIAMSON	Central Texas ADRC
247.	WILSON	Alamo Service Connection ARDC
248.	WINKLER	Concho Valley ADRC
249.	WISE	North Central ADRC
250.	WOOD	East Texas ADRC
251.	YOAKUM	Lubbock ADRC
252.	YOUNG	North Texas ADRC
253.	ZAPATA	Lower Rio Grande (Rio Net) ADRC
254.	ZAVALA	Lower Rio Grande (Rio Net) ADRC