LTSS Redesign for Individuals with IDD

Please share your thoughts at the stakeholder meeting on October 2, 2012 to discuss a redesign of the long-term services and supports (LTSS) system for individuals with intellectual and developmental disabilities (IDD), with the goals of:

- serving more people in a cost effective manner by providing the type and amount of services most appropriate to their needs;
- improving access to services;
- improving the assessment of individuals’ needs and available supports;
- promoting high quality care;
- improving the coordination of acute care and LTSS; and
- promoting person-centered planning and self-direction.

Discussion Questions

Key features of a redesigned LTSS system for individuals with IDD include a comprehensive assessment and resource allocation process; improved service delivery; basic attendant services for adults with IDD; flexible, low-cost residential options; behavioral supports for individuals at risk of institutionalization; employment supports; and person-centered planning.

Please consider the following questions.

Comprehensive Assessment and Resource Allocation Process

1. How could current assessment and resource allocation processes be improved to better assess individuals’ needs and available supports and ensure that individuals receive the services they need without receiving services they do not need (e.g., by procuring a new assessment instrument; developing individual budget model(s))?
2. What are the pros/cons of a pilot to test an improved assessment and reallocation process?

Improved Service Delivery

3. What are the pros/cons of a capitated pilot under which the Local Authority manages individuals’ LTSS?
4. What are the pros/cons of a capitated pilot under which STAR+PLUS MCOs manage individuals’ LTSS (either individually or through contracts with traditional IDD providers)?
5. What are the pros/cons of a capitated pilot under which a private provider manages individuals’ LTSS?
6. Should all LTSS programs for individuals with IDD be combined into one pilot program (e.g., CLASS, DBMD, HCS, TxHmL, community ICFs/IID, SSLCs)? Why/why not?
7. How would you improve the coordination of acute care and LTSS for individuals with IDD?
Basic Attendant Services for Adults with IDD

8. How would you design a basic attendant care/habilitation services program for individuals with IDD with the goals of reducing the need for more expensive services and diverting individuals from costlier institutional settings?

9. What are the pros/cons of pursuing the federal Community First Choice state plan option for this purpose?

Flexible, Low-Cost Residential Options

10. In addition to the residential options currently available for individuals with IDD, which of the following residential options should be available in a redesigned LTSS system? Why/why not?
   - congregate living arrangements (e.g., houses, apartments, and condominiums that may be in close proximity);
   - five to six bed HCS group homes;
   - independent residential settings (e.g., a shared rental property);
   - apartments with onsite supports;
   - supplemental services, including assistance with rental and utility deposits.

11. What additional residential options should be considered?

12. What additional support is needed by federal, state and local public housing authorities?

Behavioral Supports for Individuals at Risk of Institutionalization

13. What additional behavioral supports should be available for individuals at risk of institutionalization?

14. What training and/or supports would help direct service providers (e.g., personal attendants, family/caregivers, first responders) to better assist individuals with high behavior support needs?

Employment Supports

15. How would you modify or enhance existing employment supports/waivers to enable more individuals to work in competitive, integrated community settings?

Person-Centered Planning

16. What changes, if any, are needed to ensure that the service planning process reflects the unique needs and perspectives of the individual being served?

17. What additional options should be available to enable individuals to customize a service package that best addresses their assessed needs?

What additional features, if any, do you believe should be included in a redesigned LTSS system for individuals with IDD?