Services and Programs Overview

• Long-term services and supports to a wide range of individuals:
  ➢ With physical disabilities
  ➢ With intellectual and developmental disabilities
  ➢ Age 60 and older, family members and other caregivers who are eligible for services under the Older Americans Act

• Services to meet individual’s health or personal care needs over extended period of time:
  ➢ Assistance with activities of daily living
  ➢ Relief for caregivers
  ➢ Home modifications and repairs
  ➢ Transportation
  ➢ Adaptive aids
  ➢ Nutrition services such as home delivered meals or meals at senior centers
  ➢ Services at licensed facilities

• Regulation of providers of long-term services and supports
Aging Demographics

• Aging – a key trend affecting Texas

• Texas: Third-largest population of older adults (60+) in U.S.
  ➢ 2025: older adults will comprise almost 20% of Texas population, compared to less than 13% in 2000
  ➢ Between 2010 and 2025:
    • Older population expected to increase 79%
    • Age 85+ to increase 54% by 2025
  ➢ Aging population will increase number of people with disabilities, chronic health conditions - impacts state’s health and human services system

• Texas: second-largest population of people with disabilities
  ➢ Estimated 3 million living in the community with one or more disabilities
  ➢ 10% of adults 18-64 have a disability; 41% of adults 65+
  ➢ 11% of people over 65 have self-care difficulty
  ➢ Approximately 136,000 have significant intellectual disability; potentially eligible for DADS services
Initiatives Related to Aging
Aging Texas Well (ATW) Initiative

- Mandated by Executive Order RP 42 (2005)
- Prepare state and local communities for the rapidly increasing population of older Texans
- Key elements:
  - ATW Advisory Committee
  - Biennial ATW Plan
  - ATW website (www.agingtexaswell.org)
  - Statewide ATW Indicators Survey
  - ATW Age-Friendly Community Assessment Resources
  - Age Well Live Well
  - Texercise
Respite and Caregiver Resources

• Respite services are available through:
  - All DADS Medicaid 1915(c) waivers
  - STAR+PLUS
  - Older Americans Act services administered by area agencies on aging (AAAs)

• Take Time Texas – resource for caregivers:
  - Education and training: e.g. tips for taking care of yourself, best practices in choosing a care provider
  - Peer support and connection to advocacy organizations
  - Database of respite care provider

• Lifespan Respite Care Program

• Additional outreach:
  - Quarterly mailings with respite information to average of 700 caregivers
  - Collaboration with 30 health care associations
  - Educational and networking opportunities for caregivers, online and in-person
Initiatives Funded by BIP

• Legislature appropriated funding made available through Balancing Incentives Program (BIP) for several programs and initiatives:

  ➢ Statewide expansion of Aging and Disability Resource Centers (ADRC):
    • Goal: Provide streamlined, statewide access to long-term care programs, resources, options and opportunities
    • Currently: 14 ADRCs in 10 HHS regions, 71 counties
    • After expansion: At least 20 ADRCs around state, full coverage

  ➢ Direct service worker base pay increase:
    • $7.50/hour – FY 2014
    • $7.86/hour – FY 2015
Promoting Independence Initiative

- State initiative to assist persons with disabilities to:
  - Access affordable housing options
  - Receive necessary services and supports to live in the most appropriate and least restrictive setting available
  - Receive necessary services and supports to transition from institutional to community living

- With state and federal funding made available through money follows the person demonstration, more than 6,250 former nursing facility residents have moved to community settings
Nursing Facility Culture Change

- Attempts to shift perspective of nursing facilities (NF):
  - More home-like atmosphere
  - Person-directed care practices
- Incentivizing small-house architectural model homes, either:
  - Single home with up to 16 beds
  - Neighborhood model – neighborhood of multiple 16-bed homes, may have stand-alone central building
  - Household model – single licensed building with multiple 16-bed households, may include common area
- Prior to April 1, four small-house model NFs built and operating in Longview, Tyler, San Angelo and Sulphur Springs
- Since April 1, 13 small-house model applications in 12 counties:
  - Bexar, Brazoria, Collin, Dallas, Fort Bend, Galveston, Harris, Midland, Montgomery, Tarrant, Travis and Williamson
  - When built, will offer small-house model living for >1,000 NF residents across the state